

## **Monterey Peninsula Yacht Club**

### **Monterey CA USA**

#### **2020 Sailing Instructions (SI)**

##### **1. RULES**

1.1 All races will be governed by the rules as defined in *The Racing Rules of Sailing*.

##### **2. NOTICES TO COMPETITORS**

2.1 Notices of Race for races and regattas will contain specific details for each race or regatta, including but not limited to courses, schedules, scoring and safety requirements.

2.2 Notices to competitors will be posted on the Race Board at the MPYC clubhouse, and on the MPYC Race web page as appropriate.

##### **3. CHANGES TO SAILING INSTRUCTIONS**

3.1 On the day of a race, any change to the SI will be sent via email to all competitors and posted on the MPYC race board at the clubhouse before 09:00 on the day it will take effect. If there is any change to the schedule of races, it shall be posted by 20:00 on the day before the change will take effect.

3.1 In the most unusual circumstances, where the procedure above is precluded, the race committee may give oral changes to the sailing instruction on the water by displaying code flag L with one sound. The change will be given to each boat and the race committee will record the acknowledgement of the change by each boat.

##### **4. SIGNALS MADE ASHORE**

4.1 Signals made ashore may be displayed at the flagpole atop the MPYC Clubhouse.

##### **5. CLASSES**

5.1 The designated One Design classes will be sailed on Shields Class and Santana-22 Class yachts.

5.2 Boats with a PHRF rating lower than 100 will compete in A class, while boats with a PHRF rating of 100 and higher will compete in B class.

5.3 The class flags for One Design classes will be a flag with the class insignia. The Class flag for PHRF A will be Code Flag A, and for PHRF B it will be Code Flag B.

5.4 The MPYC 2020 Sunset Series will have separate divisions for each One Design Class and PHRF.

5.5 At least one person on board each competing yacht shall be a MPYC member in good standing.

## **6. SCHEDULE**

6.1 The schedule of races is listed in the MPYC 2020 Racing Schedule. Additional race days or races may be scheduled if necessary.

6.2 The MPYC 2020 Season Championship for each One Design Class and PHRF consists of two separate Series: Spring and Fall as listed in the Schedule.

6.3 The One Design and PHRF classes will have the number of races indicated in the Schedule for each scheduled Series Race day. Three races must be completed to constitute a series.

6.4 For all other MPYC regattas, the number of races each day is set by the Notice of Race and/or the race committee.

6.5 The scheduled start time of the first race of each day is listed in the MPYC 2020 Racing Schedule. The warning signal for this first race will be given no earlier than 5 minutes prior to the time listed.

6.6 When more than one race (or sequence of races, for two or more classes) will be held on the same day, the warning signal for each succeeding race will be made as soon as practicable.

6.7 The Sunset Series races will start as close as possible to 1800, with a warning signal at 1755.

## **7. RACING AREAS AND COURSES**

7.1 The 2020 MPYC Course Sheet (available at [mpyc.org](http://mpyc.org)) shows the location of racing areas, fixed marks and the coded courses. Courses are not limited to those listed.

7.2 Courses may be selected from the current Course Sheet, displayed from the Race Committee Boat, or by special written instructions. Courses may be described using a sequence of the mark rounding codes of SI 8.1. A course for a specific class may be prefixed with an unambiguous class abbreviation.

7.3 Multi-lap courses may be indicated using the letter "X" and a whole number to indicate that the given course is to be repeatedly sailed that number of laps. If a course is to be sailed repeatedly, boats must sail through the start line to complete each lap prior to starting a subsequent lap.

## **8. MARKS AND OBSTRUCTIONS**

8.1 The 2020 MPYC Course Sheet describes the racing area and marks of the course(s). Mark descriptions are abbreviated to a short uppercase letter or number code followed by a smaller letter "p" or "s" to indicate that the mark is to be left to port, or starboard.

8.2 In the event a mark is out of position, and if the mark is not replaced or substituted by the race committee per RRS 34 (a) and (b), then the race is automatically abandoned, and the competitors shall return to the starting area for further instructions from the Race Committee. This changes RRS 32 and 34.

## **9. THE START**

9.1 The starting line will be between a staff displaying an orange flag and a nearby floating mark as designated by the Race Committee.

9.2 A boat starting later than 10 minutes after her starting signal will be scored "Did Not Start." This changes RRS A4 and A5.

## **10. THE FINISH**

10.1 The finishing line shall be between a staff displaying an orange flag and a nearby floating mark.

10.2 The finish line for courses finishing at "F" will be between the "F" mark and the flagpole on the MPYC rooftop, or a staff displaying an orange flag at the end of Wharf II, or between the "F" mark and a staff displaying an orange flag race on the committee boat.

## **11. TAKING A PENALTY**

11.1 RRS Appendix V1 and V2 will apply.

## **12. PROTESTS, ARBITRATION AND REDRESS**

12.1 For each class, the protest time limit is 2 hour after the last boat of that class has finished the last race of the day (RRS 61.3 applies ).

12.2 Notices will be posted at the MPYC Clubhouse Race board within a reasonable time after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the place and time posted.

12.3 Protest forms are available at the race office. Protests shall be delivered to an RC official within the protest time limit. Time of protest form delivery shall be noted on the protest form by the receiving RC representative.

## **13. SCORING**

13.1 Scores will be posted in Regatta Network by the race committee as soon as possible after the race committee returns to the club house.

13.2 For races in PHRF classes the scoring is on the basis of Time-On-Time (TOT). The corrected time will be calculated as  $CT = ET * ( 650 / (550 + PHRF))$ .

13.3 The MPYC 2020 Season Championship and Sunset Series standings will be the total of each boat's race scores excluding one worst score after 5 races are complete, 2 worst scores after 10 races are complete and one additional worst score for each five races completed.

13.4 For individual Sunset Series races, the winning boat from each class will receive a prize. For purposes of the overall Sunset Series championship, first, second and third place winners in each competing class will be based on the overall scores by each competing boat.

13.5 Terms and their respective scores (this changes RRS A 4.2, A9 and A11):

**(DNC)** Did Not Come - shall receive a score equivalent to the total number of boats that **“Registered +1”**

**(DNF)** Did Not Finish - boats that started, but did not finish, shall receive a score equivalent to the total number of boats that properly **“Finished+1”**

**(DNS)** Did Not Start - checked in, but did not start **“Checked in+1”**

**(RET)** Retire - A boat which voluntarily retires from a race after properly checking in **“Checked in+1”**

**(OCS)** On Course Side – on course side of starting line at starting signal or broke 30.1 **“Checked in+1”**

**(UFD)** U Flag disqualification – broke RRS 30.3 **“Checked in+1”**

**(BFD)** Black Flag Disqualification – broke RRS 30.4 **“Checked in+1”**

**(DSQ)** Disqualified – disqualified by a protest committee after a hearing **“Checked in+1”**

#### **14. SAFETY REGULATIONS**

14.1 Prior to her first start of each day, a boat shall check-in with the race committee by passing the committee boat’s stern on starboard tack, or by hailing the race committee on VHF Channel 68. Boats that have been properly "checked in" by the Race Committee will be acknowledged orally and/or via VHF radio as such.

14.2 A boat that retires from a race shall notify the race committee as soon as reasonably possible.

14.3 All participants shall wear a PFD while racing. Self/auto inflatable PFDs should be checked and serviced regularly.

14.4 Boats shall be equipped in accordance with Federal Equipment Requirements for Recreational Vessels.

14.5 Boats shall carry a VHF marine radio in working condition. It is recommended that radios be capable of dual band monitoring, or two radios, monitoring Channels 16 and 68 respectively, should be onboard.

14.6 Boats shall ground tackle sufficient for anchoring offshore of hazards in the racing area, a bucket, a compass and a first aid kit. It is recommended that boats carry a working flashlight.

14.7 Boats shall be equipped with a LifeSling or a horseshoe/donut-type buoy with 100 feet of floating line attached to both the buoy and the boat. It is recommended that boats be equipped with at least one halyard long enough to be used for hoisting a person from the water back on board, and or an appropriate halyard extension or sling.

14.8 It is highly recommended that boats be equipped with lifelines, as appropriate for the boat design and type. For boats without lifelines, the use of tethers and jack lines as appropriate to the wind and sea conditions, are recommended.

14.9 Annually, two-thirds of the boat’s racing crew shall practice man-overboard procedures appropriate for the boat’s size and speed. The practice shall consist of marking and returning to a position on the water, and demonstrating a method of hoisting a crewmember back on deck, or other consistent means of reboarding the crewmember. Racing skippers are requested to keep a log of trained crew to be presented on demand.

14.10 For long distance races outside, or across Monterey Bay, the Notices of Race and Sailing Instructions for those races may allow the race committee the option to fly the “Tango” flag signaling that jacklines and tethers are required.

14.11 Boats should stay at least 200 feet clear from a dive boat displaying the Divers, and or Alpha flags. Boats should also exercise precaution in proximity of bathers and kayakers.

14.12 All boats shall not approach within 100 yards of any U.S. Naval vessel or cruise ship.

## **15. EQUIPMENT AND MEASUREMENT CHECKS**

15.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee official to proceed immediately to a designated area for inspection.

## **16. RADIO COMMUNICATIONS**

16.1 The Race Committee may broadcast information regarding MPYC racing events on VHF channel 68, or another channel properly designed prior to the warning signal for a specific race.

16.2 All Race Committee boats shall be equipped with two VHF radios to monitor VHF channels 16 and 68 simultaneously.

16.3 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

16.4 The Race Committee boat will monitor VHF channels 68 and 16. In case of emergency situations, the Race Committee will relay communications to boats on VHF Channel 68.

16.5 The Race Committee will monitor VHF channel 16 and 68 until all boats have finished the race, or otherwise been accounted for.

## **17. RACE COMMITTEE DUTY**

17.1 Each boat’s skipper is required to provide adequate race committee support when scheduled. Race committee support includes crew on Duncan’s Watch and or additional race committee boats, as well as scoring.

17.2 A minimum of three race committee personnel is recommended on Duncan’s Watch; and when additional MPYC boats are used, it is recommended that these boats will be crewed by at least two persons. Each boat used shall include a qualified and trained member of MPYC.

17.3 Failure to provide competent race committee support will be grounds for disqualification from the MPYC 2020 Season Championship and the Sunset Series. Boat skippers/crew who are unable to provide the assigned race committee support shall inform the Race Chairperson in a timely manner, and find a suitable replacement race committee.

## **18. PRIZES**

18.1 The Race Chairperson, in consultation with the MPYC Flag Officers and the Fleet Captains, will determine trophies and perpetual trophy awards. Generally, trophies are awarded for first, second and third place finishers in each class for each series of races and specialty

races; except a class or race with less than 9 entries may be awarded trophies for only first or only first and second place finishers at the discretion of the Race Chairperson.

**19. DISCLAIMER OF LIABILITY**

19.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.